

IMPLEMENTATION PLAN

Addressing Community Health Needs



Roosevelt Medical Center

Culbertson, Montana

2024-2027

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The Implementation Planning Process

The implementation planning committee – comprised of Roosevelt Medical Center's (RMC) leadership team– participated in an implementation planning process to systematically and thoughtfully respond to all issues and opportunities identified through their community health needs assessment (CHNA) process.

The CHSD community health needs assessment was performed in the Spring of 2023 in collaboration with the Roosevelt County Health Department and the Fort Peck Tribes to determine the most important health needs and opportunities for Roosevelt County, Montana. "Needs" were identified as the top issues or opportunities rated by respondents during the CHSD survey process or during focus groups (see page 10 for a list of "Needs Identified and Prioritized"). For more information regarding the needs identified, as well as the assessment process/approach/methodology, please refer to the facility's assessment report, which is posted on the facility's website www.rooseveltmedical.org.

The community steering and implementation planning committees identified the most important health needs to be addressed by reviewing the CHNA, secondary data, community demographics, and input from representatives of the broad interest of the community, including those with public health expertise (see page 9 for additional information regarding input received from community representatives).

The implementation planning committee reviewed the priority recommendations provided by the community steering committee and determined which needs or opportunities could be addressed considering RMC's parameters of resources and limitations. The committee then prioritized the needs/opportunities using the additional parameters of the organizational vision, mission, and values, as well as existing and potential community partners. Participants then created a goal to achieve through strategies and activities, as well as the general approach to meeting the stated goal (i.e., staff member responsibilities, timeline, potential community partners, anticipated impact(s), and performance/evaluation measures).

The prioritized health needs as determined through the assessment process and which the facility will be addressing relates to the following healthcare issues:

- Senior services
- Health and wellness
- Mental and behavioral health

In addressing the aforementioned issues, RMC seeks to:

- a) Improve access to healthcare services
- b) Enhance the health of the community
- c) Advance medical or health knowledge



Roosevelt Medical Center

Mission: At Roosevelt Medical Center, we are dedicated to providing our patients with appropriate, personalized, quality health care

Vision: Roosevelt Medical Center will be recognized as a customer-focused healthcare team committed to the quality of life in our region, through healthy communities, and the healing of the body, mind and spirit. This will be achieved through outstanding service to every patient, and every employee, with each of their experiences in an environment that cultivates learning and active participation, which will assure financial viability for health services in this region for future generations.

Implementation Planning Committee Members:

- Audrey Stromberg, CEO, - RMC
- Jaimee Green, Marketing/Foundation Director- RMC
- Mandy Byrd, Clinic Coordinator- RMC
- Elizabeth Mogen, Business Officer Manager- RMC
- Amy Peterson, Social Services Director- RMC
- JoAnn Smith, Lab Director- RMC
- Karla Hunter, Director of Nursing- RMC
- Nick Kallem, EMS Director, Injury Previon
- Janet Royan, RN - RMC

Prioritizing the Community Health Needs

The steering and implementation planning committees completed the following to prioritize the community health needs:

- Reviewed the facility's presence in the community (i.e., activities already being done to address community need)
- Considered organizations outside of the facility which may serve as collaborators in executing the facility's implementation plan
- Assessed the health indicators of the community through available secondary data
- Evaluated the feedback received from consultations with those representing the community's interests, including public health

RMC's Existing Presence in the Community

- Facility staff members will offer to provide STD education for students in area schools
- Roosevelt Medical Center hosts annual family health-focused community education sessions at no cost to community members
- Roosevelt Medical Center sponsors youth sports programs by working/sponsoring games.
- The facility hosts telemedicine sessions on behalf of the community for mental health consults, and medical consults with specialists
- Roosevelt Medical Center provides birthday lab and blood work to community members at a significantly reduced cost
- The facility encourages students to pursue health careers by opening RMC up for school trips and providing internship and job shadowing opportunities for high school students across various departments
- Roosevelt Medical Center also opens its conference rooms to various community groups for meetings

List of Available Community Partnerships and Facility Resources to Address Needs

- Culbertson, Froid, and Bainville area schools
- Senior Center
- Eastern Montana Area Health Education Center (AHEC) organizes and runs Recruitment and Educational Assistance for Careers in Health (REACH) camps on behalf of rural communities interested in fostering local children's interest in pursuing healthcare careers

- Montana Connections/AHEC Recruitment Program assist in recruiting primary care physicians to rural areas
- Montana Office of Rural Health (MORH) provides technical assistance to rural health systems and organizations
- Montana Rural Health Initiative (RHI)
- Great Northern Development serves as an organization which provides assistance with economic development and community improvement.
- Eastern Montana Telemedicine Network (EMTN) provides infrastructure and support for telehealth needs
- Eastern Montana Mental Health Services provides support and services related to mental health
- Montana Health Network is a collaborative effort to provide services to all residents of Montana
- City Council of Culbertson is a partner with the facility and is active in the community
- County Council of Aging is a partner with the facility and serves as a resource for the senior population - contracts with RMC for the Home Delivered Meal Program to provide senior citizens with a healthy meal Monday through Friday
- Translational Research Program, associated with Billings clinic, provides resources and support to the facility
- Montana Nutrition and Physical Activity Program (NAPA) will serve as a resource specific to health/wellness
- MSU Extension provides educational support to members of the community
- Montana Department of Public Health and Human Services (DPHHS) provides support to the facility
- Roosevelt County Health Department provides support to the facility.
- The Lions Club has created a fishing pond with a walking path and is a partner with RMC.
- Regional CAHs provide support and resources in the implementation of best practices
- Shape Up Montana is a team-based wellness program that encourages Montanans to develop healthy physical activity and eating habits.
- Local law enforcement
- Local pharmacy
- Roosevelt County Public Health
- Four Directions Drug Task Force is a cooperative/collaborative taskforce addressing substance abuse in our region
- US DEA sponsors the National Prescription Drug Take-Back Day

Roosevelt County Indicators

Population Demographics

- 39% of Roosevelt County's population is white, and 65% is American Indian or Alaska Native
- 17.7% of Roosevelt County's population has disability status

- 11% of Roosevelt County's population is 65 years and older
- 34% of Roosevelt County's population is under 18 years old
- 10% of Roosevelt County's population is under 5
- 8.2% of Roosevelt County's population has Veteran status
- Median Age is 30
- Male to female ratio is 50% to 50%
- 13% of Roosevelt County's population has No High School as their highest degree attained; 35% have High School Degrees.

Size of County and Remoteness

- 10,572 people in Roosevelt County
- 4.4 people per square mile

Socioeconomic Measures

- Unemployment rate is 13%
- Median household income is \$47,182
- 40 % of children live in poverty
- 47% of American Indians are below the federal poverty level
- 10% of White residents are below the federal poverty level
- 24% of adults (age<65) are uninsured; 8% of children less than age 18 are uninsured
- 22% high school students experienced hunger in the last month

Housing, Technology & Transportation

- 66% of housing is owner occupied
- 34% of housing is renter occupied
- 11% of housing consists of mobile homes
- 23% of housing is vacant
- 8% of housing was built in year 2000 or later
- 10% of the population has no vehicle
- 23% of the population has no computer
- 33% of the population is without broadband internet
- 14% of the population is without telephone service

Select Health Measures

- 14% of adults in Roosevelt County have diabetes
- 38% of adults are considered obese
- 29% of the adult population report physical inactivity
- Adults in Roosevelt County are almost three times as likely as adults in Montana to have a sexually transmitted infection.
- 25% of adults and 41% of youth reported symptoms of depression in the last year
- Unintentional injury death rate (per 100,000 population) is 82% higher than Montana as a whole with 171 deaths compared to 94 from 2016-2020.
- 41% of adults living in frontier Montana report two or more chronic conditions
- 55% of adults reported lifetime alcohol use
- Roosevelt County's suicide rate (per 100,000 population) is 20%.

Nearest Major Hospital

- Billings Clinic in Billings, MT – 309 miles from Roosevelt Medical Center
- Trinity Medical Center, Minot, N.D. – 170 miles from Roosevelt Medical Center

Community Stakeholder Survey Summaries

Name/Organization

Patty Presser, Director – Roosevelt County Public Health
Mike Post - CEO Northeast Montana Health Services
Christina Hughes - Supervisor, Child & Family Services
Alyssa Toavs - Roosevelt County Aging Services
Frances Hayes - Roosevelt County Health Department
Julie Bach - Roosevelt County Aging Services Program Coordinator
Steve Harada - Roosevelt County Covid-19 Task Force Incident Commander
Gordon Oelkers - Roosevelt County Commissioner
Darin Hannum - Superintendent, Bainville School
Gina Nefger - Clinic Director, Listerud Rural Health Clinic
Audrey Stromberg - Administrator, Roosevelt Medical Center
Jaimee Green, Public Information Officer, Roosevelt Medical Center
AJ Allen - Tobacco Prevention Specialist, Roosevelt County Health Department
Elaine Long - Vice President of Nursing, Northeast Montana Health Services
Michele Barsness - Roosevelt County Health Department
Lindsey McNabb - Disaster & Emergency Services Coordinator, Roosevelt County
Gary Macdonald - Roosevelt County Commissioner
Robert Toavs - Roosevelt County Commissioner
Dennis Four Bear - Fort Peck Tribal Health
Jade Vadall - Loveland Consulting

General Health of the Community

- The majority of stakeholders rated both the physical and mental health of the community as unhealthy or very unhealthy.

Biggest Health Concerns

- The biggest health concerns are behavioral health and public safety.
- Lack of housing and trauma, which contribute to mental health, substance use and crime issues.

- More than two-thirds identified sexually transmitted infections as a big problem.

Population: Seniors

- Housing was by far the most identified issue needed to support seniors in the community, followed by more social options and expanded transportation and medical services.

Population: Youth

- Stakeholders identified the enforcement of truancy laws, parenting classes and improving the quality of schools as the highest priority areas for making the community a better place to raise children.

Population: Tribal/American Indian

- There is a big health disparity in this county from west to east.

Needs Identified and Prioritized

Prioritized Needs to Address

1. Top health concerns of survey respondents included "Alcohol/substance abuse" (90%), "sexually transmitted infections" (78%), and "obesity" (59%).
2. Survey respondents indicated "expanded medical services" (43%), more access to congregate or home meals" (31%), and "ability to exercise" (35%) as key components needed to make the community a better place to grow old.
3. On every health measure, adults in Roosevelt County have elevated rates of risk factors and experience of mental health concerns compared to adults in Montana and the US.
4. Of Roosevelt County adults, (25%) identify as suffering from depression with (20%) identifying experiences with mental distress.
5. On substance use, (24%) of adults reported excessive drinking with (55%) of youth reporting lifetime alcohol use.
6. (39%) of high school students self-describe as being overweight, compared to (28%) in Montana and (32%) in the US.
7. Adults in Roosevelt County report a higher prevalence of heart, (8%) lung, (10%) and kidney (4%) disease as well as diabetes (14%) that adults in Montana and the US.

8. Adults in Roosevelt County are three times more likely as adults in Montana to have a sexually transmitted infection with 1109 cases per 100,000 compared to 387 in Montana and 481 in the US.
9. Roosevelt County's injury death rate is 82% higher than Montana as a whole with 171 deaths per 100,000 reported from 2016-2020 compared to 94 in Montana.

Needs Unable to Address

1. (78%) of survey respondents indicated crime is a health concern.
2. (63%) of respondents reported that housing conditions are a health concern while (78%) of respondents identified a need for senior housing
3. (55%) of respondents identified homelessness as a health concern.
4. (69%) of respondents identified truancy and a need for improved schools as a health concern
5. (43%) of respondents identified transportation assistance as a barrier to making the community a good place to grow old.

Executive Summary

The following summary briefly represents the goals and corresponding strategies and activities which the facility will execute to address the prioritized health needs (from page 10). For more details regarding the approach and performance measures for each goal, please refer to the Implementation Plan Grid section, which begins on page 15.

Goal 1: Enhance access to senior services in Eastern Roosevelt County.

Strategy 1.1: Expand services that help the local senior population to age in place.

- Explore offering a foot care clinic and checking immunization status for area seniors (potential clinics held in Froid, Bainville, and Culbertson).

- Determine feasibility of implementing a Community Health Worker Service or Community Paramedicine Model to assist seniors and community members in their homes (Potential opportunities through Montana Health Network: chronic care management work; or free [CHW training offered through AHECs](#)).
- RMC will provide/sponsor Lunch and Learns in collaboration with area senior centers regarding various health topics (diet, sleep, physical therapy, Medicare, etc.).

Strategy 1.2: Improve awareness and reach of Chronic Care Management Program.

- Expand current Chronic Care Management efforts by connecting with the new Montana Health Network regional coordinator.
- Reach out to local partners (Senior Center) to conduct outreach and education related to Chronic Care Management Program.

Goal 2: Enhance health, wellness and prevention outreach in Eastern Roosevelt County.

Strategy 2.1: Continue RMC's promotion of health and wellness efforts in Culbertson and the surrounding area.

- Offer a community health fair.
- Continue annual health screening labs.
- Continue to promote and sponsor community health and wellness activities (such as community 5K, Color Run, Shape Up MT Challenge, etc.).
 - Diabetes Awareness through education, promoting services and programs
 - Injury Prevention awareness activities such as Stop The Bleed, gun safety, bicycle safety, etc.

Strategy 2.2: Grow RMC's presence in the community as a source for health education, outreach, and resources.

- Enhance educational resources and outreach to the community regarding health, wellness, and prevention, such as promoting monthly wellness topics, providing education materials at school functions and community events, and sponsorship of K-12 student Health Bags.

Goal 3: Improve access to mental & behavioral health services in Eastern Roosevelt County.**Strategy 3.1: Increase community awareness of new and enhanced mental and behavioral health services in the area.**

- Provide outreach to the community on behavioral health partnerships and availability of tele-mental health capabilities at RMC for all potential patients, including medicare patients.
- Promote our mental health services offered through new licensed Social Worker Candidate (LSWC) at RMC.

Strategy 3.2: Explore new training opportunities and partnerships to enhance the community's access to mental and behavioral health services.

- Promote MORH/AHEC's Behavioral health trainings to RMC staff and area providers to enhance mental and behavioral health skills, knowledge, and training (<http://healthinfo.montana.edu/bhwet/trainings.html>).
- Explore opportunities to partner with local schools, EMS, police, etc., to deliver healthy lifestyle/resilience education and programming/events.
 - Engage with local youth on peer-support
- Partner and participate in the Fort Peck Crises Coalition Committee with area agencies.
- Connect with local tobacco prevention specialist to develop and enhance partnership and educational opportunities/resources offered to the East side of the county.

Implementation Plan Grid

Goal 1: Enhance access to senior services in Eastern Roosevelt County.

Strategy 1.1: Expand services that help the local senior population to age in place.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore offering health education/demonstrations for area seniors (in Froid, Bainville, and Culbertson).	Clinical Staff & Marketing	June 2024	Clinic, Med Staff, Board	Area Nursing Programs, Roosevelt County Health Dept. County Council of Aging Extension Services	Resource limitations Funding limitations Workforce limitations
Determine feasibility of implementing a Community Health Worker Service or Community Paramedicine Model to assist seniors and community members in their homes (Potential opportunities through Montana Health Network: chronic care management work; or free CHW training offered through AHECs.	Administration & Clinic	September 2024	Admin, Med Staff, Board	Montana Health Network & Montana Area Health Education Center, Chronic Care Coordinator	Resource limitations Funding limitations Workforce limitations
Promote and increase usage of RMC’s Meals on Wheels Program to the community.	Marketing	February 2024	Admin, Med Staff, Board	Council on Aging Services	Resource limitations Workforce limitations

RMC will provide/sponsor Lunch and Learns in collaboration with area senior centers regarding various health topics (diet, sleep, physical therapy, Medicare, etc.).	Marketing, Clinical Staff	2 per year per community	Administration, Presenting staff, Med Staff	Senior Centers MSU Extension Office	Resource limitations Workforce limitations COVID-19 challenges
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Needs Being Addressed by this Strategy:

- 1. Top health concerns of survey respondents included “elder abuse or neglect” (35.0%).
- 2. Of survey respondents, only (50.0%) indicated, “My community is a good place to grow old.”
- 3. More access to home and congregate meals were concerns expressed by key informant interview participants. (31.0%).
- 4. More access to “expanded medical services” (43.0%).
- 5. More access to exercise opportunities (35.0%).

Anticipated Impact(s) of these Activities:

- Increased access to healthcare services for senior community members.
- Improved senior knowledge of health topics.
- Improved health outcomes of seniors.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Determine feasibility of offering foot care clinic and checking immunization status.
- Determine feasibility of implementing a Community Health Worker Service or Community Paramedicine Model.
- Track access measures in subsequent CHNA.
- Determine feasibility of offering in-home services to seniors at a significantly reduced cost.
- Track number of lunch and learn presentations.
- Track number of community participants in lunch and learns.
- Track number of seniors utilizing Meals on Wheels Program.

Measure of Success: RMC will make Culbertson and the surrounding area a more age-friendly community by enhancing senior resources, providing new education, and expanding services available to seniors.

Goal 1: Enhance access to senior services in Eastern Roosevelt County.

Strategy 1.2: Improve awareness and reach of Chronic Care Management Program.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Expand current Chronic Care Management efforts by connecting with the new Montana Health Network regional coordinator.	Clinic, MHN Regional Coordinator	Currently ongoing	Implemented, Pending policy approval – Med Staff, Admin, Board	Montana Health Network	Resource limitations Funding limitations Workforce limitations
Reach out to local partners (Senior Center) to conduct outreach and education related to Chronic Care Management Program.	Clinic Manager, Marketing	May 2024	Med Staff, Admin, Board	Senior Center, Area Council on Aging, MHN – CCM Regional Coordinator	Resource limitations Funding limitations Workforce limitations

Needs Being Addressed by this Strategy:

- 1. Top health concerns of survey respondents included "Alcohol/substance abuse" (90.0%), "Obesity" (59.0%) and chronic diseases linked to lifestyle choices.
- 2. Adults in Roosevelt County report a higher prevalence of diabetes, (14.0%), and other chronic diseases such as cancer, (6.0%), coronary heart disease, (8.0%), COPD, (10.0%), kidney disease, (4.0%), asthma, (13.0%), and arthritis, (26.0%)

Anticipated Impact(s) of these Activities:

- Enhanced access to healthcare services for senior community members.
- Increased community knowledge of services.
- Improved health outcomes.
- Improved access to chronic care management services.
- Increased knowledge of available chronic care management services.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track utilization of Chronic Care Management Program.
- Track utilization of the Chronic Care Management Program resulting from outreach and education.

Measure of Success: RMC will observe an improvement in the utilization of the Chronic Care Management Program.

Goal 2: Enhance health, wellness and prevention outreach in Eastern Roosevelt County.

Strategy 2.1: Continue RMC's promotion of health and wellness efforts in Culbertson and the surrounding area.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Offer a community health fair.	Marketing	Annually	Staff Organizers	Roosevelt County Health Dept., EMS, Local Law Enforcement, Service Organizations, Local Service providers	Resource limitations Financial limitations Scheduling conflicts
Continue annual health screening labs.	Lab, Med Staff, Marketing	Annually	Lab, Nursing, Business Office	Internal	Resource limitations Financial limitations Scheduling conflicts
Continue to promote and sponsor community health and wellness activities (such as community 5k, Color Run, Shape Up MT Challenge, etc.).	Marketing	Ongoing annual event planning	Admin	Shape Up Montana & Roosevelt County Health Dept., Schools, MSU Extension, Billings Clinic	Resource limitations Financial limitations
Continue to promote services and programs related to Diabetes in the community and to our patients.	Clinic	June 2024	Admin	AHEC, Reshaping Diabetes Care Project	Resource limitations Financial limitations
Continue to promote Injury Prevention through awareness activities such as Stop the Bleed training, gun safety education, etc.	Trauma Coordinator	Annually	Admin	Roosevelt County Health Department, DPHHS EMS & Trauma section	Resource limitations Financial limitations

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Needs Being Addressed by this Strategy:

- 1. Risky lifestyle choices are hindering community members from living their best lives with respondents indicating concerns of substance abuse with alcohol (90.0%), illegal drug use (90.0%), prescription drug use, (63.0%), and tobacco. ((59.0%)
- 2. Adults in Roosevelt County are almost three times as likely to have a sexually transmitted disease. STD infection rate per 100,000 in Roosevelt County is 1,109, and 387, in Montana.
- 3. Roosevelt County adults are less likely to report receiving chronic disease screenings than their counterparts in Montana and the U.S. Colon cancer screening among adults aged 50-75, (75.0%), Cervical cancer screening among women aged 21-65, (78.0%), mammogram among women aged 50-74, (65.0%), cholesterol screening in the last five years, (78.0%)
- 4. Adults in Roosevelt County have a higher prevalence of chronic diseases.
- 5. Roosevelt County’s injury death rate is (82.0%) higher than Montana, as a whole. Alcohol related, (181), unintentional injury, (130), suicide, (40), firearm, (21).

Anticipated Impact(s) of these Activities:

- Increased access to preventive education and screening.
- Shift community attitudes and beliefs around healthy eating and active living.
- Reduce disease burden.
- Empower community to make healthful lifestyle choices.
- Increased collaboration between hospital and community partners.
- More community members engaging in physical activities and healthy living practices.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number of health fairs.
- Track number of attendees at health fairs.
- Track dissemination of health education materials at health fairs.
- Track utilization of annual health screening labs.
- Track number of sponsorships of community health and wellness activities.

Measure of Success: RMC will observe a sustained utilization of health and wellness opportunities in Culbertson and the surrounding area.

Goal 2: Enhance health, wellness and prevention outreach in Eastern Roosevelt County.

Strategy 2.2: Grow RMC's presence in the community as a source for health education, outreach, and resources.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Enhance educational resources and outreach to the community regarding health, wellness, and prevention, such as promoting monthly wellness topics, providing education materials at school functions and community events, and sponsorship of annual K-12 Health Bags for students and area youth.	Marketing	Continuing Annually	Department Level	Schools, Roosevelt County Health Dept., & MSU Extension	Resource limitations Funding limitations Workforce limitations
Promote health and wellness through social media.	Marketing	Annually	Marketing Department	Internal	Resource limitations Workforce limitations

Needs Being Addressed by this Strategy:

- 1. Substance abuse use among youth. In Roosevelt County youth are more likely than all U.S. students to engage in binge drinking, use marijuana and misuse prescription drugs.
- 2. Reportedly, (34.0%) of youth are “currently vaping,” (14.0%) smoke cigarettes, (23.0%) use alcohol, (16.0%) are binge drinking.
- 3. High school students in Roosevelt County have chronic disease risk factors related to nutrition and are more likely to describe themselves as overweight (39.0%) compared to high school students in Montana. (17.0%) did not eat fruit in the last seven days, (19.0%) drank pop in the last seven days, (13.0%) had no physical activity in the last week.
- 4. (75%) indicated having three or more hours of screen time daily.
- 5. Key informant interview participants indicated interest in more health education opportunities.

Anticipated Impact(s) of these Activities:

- Enhanced access to preventive education.
- Increased community health knowledge.
- Enhanced communication between the hospital and community.
- Empower community to make healthful lifestyle choices.
- Improved health outcomes.
- Shift community attitudes and beliefs around healthy eating and active living.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number and reach of outreach events.
- Track dissemination of education materials at school functions and community events.

Measure of Success: RMC will observe an increase in engagement through outreach efforts.

Goal 3: Improve access to mental & behavioral health services in Eastern Roosevelt County.

Strategy 3.1: Increase community awareness of new and enhanced mental and behavioral health services in the area.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Provide outreach to the community on new Behavioral Health/mental health partnerships and availability of new tele-mental health capabilities at RMC.	Admin, Clinic, Marketing	Ongoing	Med Staff, Board, Admin	406 RX	Resource limitations
Promote mental health specialty services offered through new licensed Social Worker Candidate (LCSW) at RMC.	Marketing Internal LSWC	Ongoing	Administration	406 RX Internal LSWC	Resource limitations

Needs Being Addressed by this Strategy:

- 1. (65.0%) of respondents indicated access to mental health services as a top health priority. (67.0%) of respondents indicated the issue of suicide as a top health priority.
- 2. On every mental health issue, adults in Roosevelt County have elevated rates of risk factors and experience of mental health concerns compared to adults in Montana and the U.S. (20.0%) report frequent mental health distress and (25.0%) report depression.
- 3. Respondents indicated having six, poor mental health days in the last month.
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Anticipated Impact(s) of these Activities:

- Increase access to mental and behavioral health services.
- Decrease societal stigma associated with mental illness and substance use disorders.
- Strengthen community partnerships.
- Build community capacity.
- Increase community knowledge of resources.
- Increase the number of community members who are knowledgeable enough about the services at Roosevelt Medical Center to make an appointment to see a provider and receive care through the Integrated Behavioral Health Program.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track outreach of partnerships and tele-mental health capabilities at RMC.
- Track utilization of tele-mental health at RMC resulting from outreach.

Measure of Success: RMC will observe an increase in community awareness of new and enhanced mental and behavioral health services in the area and at RMC.

Goal 3: Improve access to mental & behavioral health services in Eastern Roosevelt County.

Strategy 3.2: Explore new training opportunities and partnerships to enhance the community's access to mental and behavioral health services.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Promote MORH/AHEC's Behavioral health trainings to RMC staff and area providers to enhance mental and behavioral health skills, knowledge, and training	Administration, Department Managers	Ongoing	Department Level	Montana AHEC/ORH & Roosevelt County Health Dept.	Resource limitations Scheduling conflicts Workforce limitations
Explore opportunities to partner with local schools, EMS, police, etc. to deliver healthy lifestyle and resilience education and programming/events.	Clinical Staff & Marketing Department	Ongoing	Department	Schools, EMS, Law Enforcement, & Roosevelt County Health Dept.	Resource limitations Scheduling conflicts
Participate in the Fort Peck Crises Coalition as a partner/collaborator.	Amy Harling, LSWC, Nick Kallem, Injury Prevention, Jaimee Green, Marketing	Ongoing	Admin	Schools, EMS, Law Enforcement, & Roosevelt County Health Dept. Fort Peck Crises Coalition members	Resource limitations Scheduling conflicts
Connect with new local tobacco prevention specialist to develop and enhance partnership and	Marketing, Admin	Ongoing	Admin	Roosevelt County Health Dept. & Schools	Resource limitations Workforce limitations

educational opportunities/resources offered to the East side of the county. Facilitation of monthly youth gathering for youth to gather and support each other with adult leadership to help moderate.	Social Worker	Ongoing	Admin	Schools	Resource limitations Workforce limitations
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Needs Being Addressed by this Strategy:

- 1. Key informant interview participants indicated access to mental health and substance abuse services were a need for all ages in the community.
- 2. (65.0%) of respondents indicated access to mental health services as a top health priority. (67.0%) of respondents indicated the issue of suicide as a top health priority.
- 3. On every mental health issue, adults in Roosevelt County have elevated rates of risk factors and experience of mental health concerns compared to adults in Montana and the U.S. (20.0%) report frequent mental health distress and (25.0%) report depression.
- 4. Respondents indicated having 6, poor mental health days in the last month.
- Youth in Roosevelt County are more likely to report suicide attempts, experience of rape and dating violence and bullying than their counterparts in Montana and the U.S.
- (26.0%) of youth indicated their mental health was “not good in the last 30 days.” (24.0%) has considered suicide in the last year. (21.0%) reported being bullied on school property in the last year while (18.0%) reported they had been bullied electronically.

Anticipated Impact(s) of these Activities:

- Increase access to mental health services.
- Decrease societal stigma associated with mental illness and substance use disorders.
- Strengthen community partnerships.
- Build community capacity.
- Service, policy, and resource development.
- Increased community knowledge of resources.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number of RMC staff and area providers that complete MORH/AHEC's behavioral health trainings.
- Catalog RMC staff that complete MORH/AHEC's behavioral health trainings.
- Track development of partnerships with local schools, EMS, police, etc. to deliver substance abuse prevention education and programming/events.
- Track number and reach of substance abuse prevention education and programming/events.

- Track Crises Coalition committee attendance and activities.
- Track number and reach of tobacco prevention education and resources offered to the East side of the county.

Measure of Success: RMC will support new training opportunities and the development of partnerships to enhance the community's access to mental and behavioral health services.

Needs Not Addressed and Justification

Identified health needs unable to address by RMC	Rationale
1. 35% of survey respondents indicated that having access to more places to exercise would make the community a better place to grow old.	<ul style="list-style-type: none"> • The school has two gyms for walking as well as a fitness room with equipment for exercising. There is access to Ike’s Fishing Pond which has a walk path and there is a newly constructed walking path along US 2.
2. 43% of respondents reported that "Transportation assistance" would improve community access to healthcare, making the community a better place to grow old in.	<ul style="list-style-type: none"> • RMC does not have the capacity to take on transportation at this time, but will continue to reassess/research opportunities to partner with other community organizations to address this need.
3. 7% of survey respondents were worried about having enough food to eat during the last year.	<ul style="list-style-type: none"> • The local food banks, school programs, meals on wheels and senior services work to address food insecurity. RMC will assist and partner whenever possible.
4. 78% of respondents rated crime as a big problem in Roosevelt County.	<ul style="list-style-type: none"> • RMC does not feel this is an area we can truly make inroads with other than partnering with local law enforcement when patients present at the ER with mental health needs. In this capacity, we can advocate for procedures that get patients the healthcare they need rather.
5. 63% of respondents feel that the housing conditions in the community are not adequate and only 10% of respondents feel there is enough affordable housing in their community.	<ul style="list-style-type: none"> • During the oil boom, we did look at partnerships with the school to build housing for incoming staff but it was not affordable. We do always work to provide assistance to new community members through word-of-mouth about potential places that are

available for rent or purchase. However, we do not feel this is an area of need we can make inroads with that would be successful.

Dissemination of Needs Assessment

Roosevelt Medical Center "RMC" disseminated the community health needs assessment and implementation plan by posting both documents conspicuously on their website (www.rooseveltmedical.org) as well as having copies available at the facility should community members request to view the community health needs assessment or the implementation planning documents.

The Steering Committee, which was formed specifically as a result of the CHSD [Community Health Services Development] process to introduce the community to the assessment process, will be informed of the implementation plan to see the value of their input and time in the CHSD process as well as how RMC is utilizing their input. The Steering Committee, as well as the Board of Directors, will be encouraged to act as advocates in Roosevelt County as the facility seeks to address the healthcare needs of their community.

Furthermore, the board members of RMC will be directed to the hospital's website to view the complete assessment results and the implementation plan. RMC board members approved and adopted the plan on **February 26, 2024**. Board members are encouraged to familiarize themselves with the needs assessment report and implementation plan, so they can publicly promote the facility's plan to influence the community in a beneficial manner.

Written comments on this 2024-2027 Roosevelt Medical Center Community Benefit Strategic Plan can be submitted to:

Roosevelt Medical Center
Marketing Dept.
PO Box 419
818 2nd Ave E.
Culbertson, Montana 59218

Please reach out to RMC's Marketing Director/Marketing Dept. at 406-787-6476 or jgreen@roosmem.org with any questions.

- *RMC's community health needs assessment (CHNA) and implementation plan are posted publicly – both "conspicuously" on our website (www.rooseveltmedical.org) as well as a hard copy that is available at RMC should someone request to view either/both documents.*
 - *These documents will remain on the web until two subsequent CHNA reports have been posted*
 - *Individuals are not be required to create an account or provide personally identifiable information to access the report*
 - *A paper copy is available for public inspection without charge*